



# Philippines (Mindanao)

## 2003 Fact Sheet

The **2003 Philippines (Mindanao) GSHS** measured dietary behaviors; hygiene; unintentional injuries and violence; mental health; tobacco use; alcohol and other drug use; physical activity; and protective factors.

The 2003 Philippines (Mindanao) GSHS was a school-based survey of students aged 13-15 years. A two-stage cluster sample design was used to produce representative data for 13-15 year old students in Philippines (Mindanao). At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 98%, the student response rate was 82%, and the overall response rate was 80%. A total of 2,296 students participated in the Philippines (Mindanao) GSHS.

Results for students aged 13-15 years	Total	Boys	Girls
<b>Dietary Behaviors</b>			
Percentage of students who are overweight	7.2 ± 5.5	9.4 ± 7.5	5.5 ± 4.1
Percentage of students who are at risk for becoming overweight	7.0 ± 3.3	8.1 ± 5.3	6.2 ± 2.5
Percentage of students who went hungry most of the time or always during the past 30 days because there was not enough food in their home	10.7 ± 2.2	12.8 ± 2.9	9.1 ± 3.1
<b>Hygiene</b>			
Percentage of students who did not clean or brush their teeth during the past 30 days	1.1 ± 0.7	1.5 ± 1.1	0.8 ± 0.5
Percentage of students who never or rarely washed their hands before eating during the past 30 days	3.3 ± 1.7	4.4 ± 2.7	2.5 ± 1.3
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	4.2 ± 1.4	5.0 ± 2.4	3.6 ± 1.6
<b>Unintentional Injuries and Violence</b>			
Percentage of students who were in a physical fight one or more times during the past 12 months	51.6 ± 7.6	52.5 ± 7.3	51.0 ± 8.8
Percentage of students who were seriously injured one or more times during the past 12 months	36.0 ± 7.8	44.7 ± 10.6	30.1 ± 6.9
Percentage of students who were bullied on one or more days during the past 30 days	39.9 ± 4.8	38.5 ± 4.9	41.3 ± 7.2
<b>Mental Health</b>			
Percentage of students who felt lonely most of the time or always during the past 12 months	12.3 ± 2.3	11.3 ± 3.2	13.2 ± 2.4
Percentage of students who seriously considered attempting suicide during the past 12 months	23.1 ± 5.5	25.3 ± 7.1	21.6 ± 5.2
Percentage of students who have no close friends	3.6 ± 1.2	4.3 ± 1.5	3.2 ± 1.7
<b>Tobacco Use</b>			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	10.1 ± 2.8	18.5 ± 5.2	3.7 ± 1.6
Percentage of students who used any other form of tobacco, such as chewing tobacco leaves on one or more of the past 30 days	6.9 ± 2.4	11.4 ± 3.3	3.3 ± 2.1



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Results for students aged 13-15 years	Total	Boys	Girls
<b>Tobacco Use</b>			
Percentage of students who reported people smoking in their presence on one or more of the past seven days	55.2 ± 4.5	59.3 ± 4.8	52.3 ± 5.5
<b>Alcohol and Other Drug Use</b>			
Percentage of students who drank alcohol on one or more of the past 30 days	18.5 ± 2.9	25.5 ± 4.5	13.5 ± 2.8
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	20.8 ± 3.0	27.0 ± 4.7	16.0 ± 2.6
Percentage of students who had a hang-over, felt sick, got into trouble with family or friends, missed school, or got into fights, as a result of drinking alcohol one or more times during their life	15.7 ± 3.6	20.5 ± 4.4	12.1 ± 4.2
Percentage of students who used drugs, such as marijuana, shabu, ecstasy, or rugby one or more times during their life	7.7 ± 2.7	11.3 ± 4.0	5.0 ± 2.8
<b>Physical Activity</b>			
Percentage of students who were physically active seven days for a total of at least 60 minutes per day during the past seven days	4.7 ± 1.6	5.7 ± 2.1	4.0 ± 2.2
Percentage of students who spent three or more hours per day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as playing cards during a typical or usual day	20.3 ± 4.3	19.9 ± 4.0	20.5 ± 6.2
<b>Protective Factors</b>			
Percentage of students who missed classes or school without permission on one or more of the past 30 days	32.5 ± 4.5	37.7 ± 5.2	28.2 ± 5.3
Percentage of students who reported that most of the students in their school were kind and helpful most of the time or always during the past 30 days	28.4 ± 4.5	29.2 ± 5.7	27.7 ± 4.6
Percentage of students whose parents or guardians knew what they were doing with their free time most of the time or always during the past 30 days	29.2 ± 5.6	25.0 ± 6.2	32.2 ± 6.9
Percentage of students who missed classes or school without permission on one or more of the past 30 days	30.3 ± 4.8	31.9 ± 5.8	28.5 ± 6.1
Percentage of students who reported that most of the students in their school were kind and helpful most of the time or always during the past 30 days	47.2 ± 3.6	46.9 ± 6.2	47.7 ± 4.0
Percentage of students whose parents or guardians knew what they were doing with their free time most of the time or always during the past 30 days	42.4 ± 2.8	43.5 ± 2.4	41.7 ± 4.7

**For Additional Information, please contact:**

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